



Nordic Ski Club of Milwaukee

May 2021

Year-Round Recreation Since 1971

Vol. 50 Issue 5

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Monthly Events

The Nordic Ski Club of Milwaukee (NSCM) continues to practice social distancing and the use of face masks, as recommended by the CDC and Wisconsin authorities. Know that your participation in any event is at your own risk. Before attending any NSCM outing or event, please check with the event leader. Use good judgment and continue to keep us all safe.

Kewaskum to West Bend Milwaukee River GSP Paddling Trip

Saturday, May 1, 10:00 am

Join the Glacier State Paddlers for a fun day canoeing on the Milwaukee River in the Kewaskum area. This will be an easy, pleasant 8 to 9-mile paddle. The trip will start at Parkview Drive in Kewaskum and will end at Commerce Street in the village of Barton. You can get to the start by taking Hwy 45 north into Kewaskum and turning right on Hwy 28. Parkview Drive will be a short distance from there. We will meet at 10:00 am and shuttle vehicles from the start before beginning the trip. The trip should take 2 to 3 hours, so a bag lunch is optional. Please bring a beverage and gloves to protect your hands. Call GSP trip leader and Nordic member David Rosenberg at 414-975-2298 to

Next Month,
Look For:

***Nixon Park Beer
Garden
June 3, 10, 17, 24***

***Bark River GSP
Paddling Trip
June 5***

***UPAF Bike Ride,
Sharon Lynn
Wilson Center
June 13***

***Milwaukee River
GSP Twilight
Paddle***

reserve a spot on the trip and to get additional trip details. Identify yourself as a Nordic Ski Club member.

West Bend to Newburg Milwaukee River GSP Paddling Trip

Sunday, May 2, 10:00 am

Join the Glacier State Paddlers for a fun day canoeing on the Milwaukee River from West Bend to Newburg. This will be an easy, pleasant 9 to 10-mile paddle. The trip will start at Riverside Park in West Bend and will end on the west end of Firemans Park by Main Street (Cty Rd MY) in Newburg. You can get to the start by taking Hwy 45 north into West Bend and turning right on Hwy 33 (E. Washington), south on Indiana, and east on Riverfront Pkwy. We will meet at 10:00 am and shuttle vehicles from the start before beginning the trip. The trip should take 2 to 3 hours, so a bag lunch is optional. Please bring a beverage and gloves to protect your hands. Call GSP trip leader and Nordic member David Rosenberg at 414-975-2298 to reserve a spot on the trip and to get additional trip details. Identify yourself as a Nordic Ski Club member.

Newburg to Waubedonia Milwaukee River GSP Paddling Trip

Saturday, May 8, 10:00 am

Join the Glacier State Paddlers for a fun day canoeing on the Milwaukee River from Newburg to Waubedonia Park west of Fredonia. This is a tried and true pleasant trip. The trip will start on the Milwaukee River on the west end of Firemans Park by Main Street (Cty Rd MY) in Newburg. You can get there by taking Hwy 33 either east from West Bend or west from Saukville. We will meet at 10:00 am and shuttle vehicles from the start before beginning the trip. The trip distance is about 11 miles. Please bring a bag lunch and beverage for the trip and gloves to protect your hands. Call GSP trip leader and Nordic member David Rosenberg at 414-975-2298 to reserve a spot on the trip and to get additional trip details. Identify yourself as a Nordic Ski Club member.

Nashotah Park Hike

Saturday, May 15, 9:00 am

Join your fellow Nordics for a hike at Nashotah Park in Waukesha County on Saturday, May 15th at 9:00 am. Let's plan on meeting in the parking lot by Picnic Area 1. We will hike the ski trails as they are plenty wide for social distancing. We can discuss how many miles we'd like to do once we gather, but most likely will plan on the 3-5 mile range. You will need either a daily park sticker (\$6 per car) or a Waukesha County annual sticker. If you have any questions, please call Chris Pantazon at 414-852-4155.

Please note that If rain is expected the hike may be cancelled. Directions to the park can be found at: <https://www.waukeshacounty.gov/nashotah/>

Sculpture Park Bike Ride

Sunday, May 16, 1:30 pm

We'll start at 1:30 pm in Sussex at Silver Spring Dr & Hwy 164. Park in the Pick 'n Save parking lot which is just north of Silver Spring, at the back edge (west), near Culvers. We'll catch the Bugline a few blocks to the north, and ride a combo of the Bugline & roads, with a stop at the Paul Bobrowitz sculpture park in Colgate. If you haven't seen this yet it is really something!

June 16

***Oak Leaf to Interurban Trail Bike Ride
June 19***

***Bark River GSP Paddling Trip and Picnic
June 20***

***Virmond Park Bike Ride
June 25***

***Upper Rock River GSP Paddling Trip
June 26***

Contact Us:

Email nordicskiclub.mke@gmail.com

For membership information, call Pat Doornek 414-906-0629

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[Metal Art | Paul Bobrowitz Spectacular Sculpture](#)

The ride is 22 miles, mostly flat but, yes there are a few hills! Be sure to bring your water, helmet, spare tube etc. I will bring some cue sheets so let me know if you plan to come by Friday May 14.

We can visit Culver's for an ice cream or snack afterwards. Also note, if it is raining the ride is canceled. Contact Renee at coutrr@gmail.com.

Grafton to Thiensville Milwaukee River GSP Paddling Trip

Sunday, May 16, 10:00 am

Join the Glacier State Paddlers for a fun day canoeing on the Milwaukee River from Grafton to Thiensville. The first half of this 10-mile trip will have some twisty turns, and the second half will be easy. The trip will start at Lime Kiln Park just south of Grafton and will end at Village Park in Thiensville. You can get to the start by taking the Hwy 60 Grafton exit off I-43. Turn left and go west 1.5 miles, then turn left on Hwy 57 (Wisconsin Ave). After 1.75 miles, turn left on W Falls Rd and after 0.25 miles turn right on Green Bay Rd and the park which will be a short distance from there. We will meet at 10:00 am and shuttle vehicles from the start before beginning the trip. The trip should take a little over 3 hours. Please bring a bag lunch and beverage for the trip and gloves to protect your hands. Call GSP trip leader and Nordic member David Rosenberg at 414-975-2298 to reserve a spot on the trip and to get additional trip details. Identify yourself as a Nordic Ski Club member.

Fire and Fun

Friday, May 21, 5:30 - 9:00 pm

Get ready to celebrate spring with the hope of summer and the ability to gather with friends. Join your fellow Nordics for a picnic, yard games, campfire. Laughter, and conversation. We will meet at the pavilion by the Evergreen shelter at Lapham Peak State Park in Delafield starting at 5:30 pm on Friday May 21, 2021 (Raindate to be determined).

Picnic: Everyone can bring their own dinner, beverages, and lawn chair.

Yard Games: bean bag toss, life-size Jenga, croquet, bocci ball, and/or ladder toss.

Campfire: bring your lawn chair, supplies for s'mores - the choice is yours.

Come join in the fun. Questions? Call Julie at 262-468-8223. Not interested in yard games? Pull up your lawn chair and refresh your conversation skills, it's been a while and we would love to see you.

Thiensville to Kletzsch Park Milwaukee River GSP Paddling Trip

Saturday, May 22, 10:00 am

Join the Glacier State Paddlers for a fun day canoeing on the Milwaukee River from Thiensville to Kletzsch Park in Glendale. The trip will start on the Milwaukee River by Thiensville Village Park in Thiensville. You can get there by taking I-43 north to Mequon Rd and going west about 3 miles. Turn north (right) on Cedarburg Rd which becomes Main St and after 1/3 mile turn right onto Green Bay Rd. Take the first right at Elm St that will lead to the park. We will meet at 10:00 am and shuttle vehicles from the start before beginning the trip. The trip distance is about 9 miles. Please bring a bag lunch and beverage for the trip and gloves to protect your hands. Call

Ellen Riley
David Rosenberg
Mary Wozniak

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Membership Chair:

Pat Doornek
414-906-0629

New memberships or renewal forms may be mailed to:

Pat Doornek
3463 N. Newhall St.
Milwaukee, WI 53211

Contact Us:

Volunteers

GSP trip leader and Nordic member David Rosenberg at 414-975-2298 to reserve a spot on the trip and to get additional trip details. Identify yourself as a Nordic Ski Club member.

The Nordic Ski Club runs on volunteers. Please contact Renee Couture at acoutrr@att.net if you are interested in learning more.

Pike Lake Unit-Kettle Moraine State Forest Hike

Sunday, May 23, 1:00 pm

Pike Lake has nine different hiking trails that provide a variety of topography and scenery. The longest trail is approximately 5 miles, but there are many shorter cut-off trails if we choose not to hike that distance. Plan to wear sturdy hiking boots and carry water and a snack. Sunscreen and insect repellent may be desirable as well. [Pike Lake Trail Map](#).

Directions: Pike Lake is on State Highway 60 between Hartford and Slinger. It is about 25 miles north of Milwaukee. Take I41 north; use the west exit to Hwy 60 and drive approximately 3 miles to the park entrance on the south side (left). Take the park road until you reach the lake parking lot on the right side. Meet near the north shelter, which is to the right as you drive in.

[A Vehicle Admission sticker](#) is required. The park now has a drive-thru as you enter off Hwy 60 on the left if you haven't bought your sticker yet. Call or text Nancy with questions at (414) 254-0523.

Club Membership

Membership Renewals due Oct. 1. Renew online. Then pay through PayPal or mail check to Pat Doornek.
Dues -
Individual \$25
Household \$35
Must be a current member to book ski trips at member rate.

Mirror Lake Area Rivers GSP Paddling Trip

Friday, May 28 through Tuesday, June 1

Join Glacier State Paddlers from Friday, May 28 through Tuesday, June 1 during Memorial Day weekend at Mirror Lake State Park for a group camping, paddling, biking, hiking, and swimming weekend. There is optional group paddling and shuttling for paddling trips on the Lemonweir River, two sections of the Wisconsin River, and possibly the Baraboo River. Mirror Lake can be paddled at your leisure. There is an optional Friday night fish fry pay-your-own-way opportunity. We will car pool and leave the campsite at 6:00 pm for that.

Group campsite 301 has been reserved. It can accommodate 20 people for tent camping. Pit toilets are at the campsite with showers and flush toilets nearby. **Those with campers will have to reserve a site for themselves, and they will have to do it soon to get a spot.**

There is a \$10 non refundable reservation fee for tent campers. Notify David Rosenberg to make your reservation. 414-975-2298 or rosenberdgm@att.net.

Web Tips

Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to protect the information from the general public. That is the default for new members. Go to www.nordicskiclub.org and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.

UPAF Ride for the Arts Series - Sunday June 13 (Act 2) from Sharon Lynn Wilson Center

May 17 Signup Deadline

Would you like to join other Nordics for a bike ride, while also supporting our local arts groups?

This year, the United Performing Arts Fund (UPAF) is having a three-location series, with rides on three separate Sundays. The traditional UPAF ride, with riders descending on the Lakefront the first Sunday in June, has been re-imagined. Instead, this year the UPAF Ride for the Arts Series is a new concept that provides a fun, purpose-driven event for cyclists of all ages and abilities. Our Nordic group will gather at 9:30 am for the June 13 ride, beginning and ending from the Sharon Lynn Wilson Center in Brookfield. We'll ride about 15 miles, ending at the "Ride Series Reward Station."

UPAF requires a **registration deadline of May 17.**

Add Photos To The Nordic Website

As a member of the Nordics, you may upload photos to your personal photo album or to the public albums. Simply log-in so all member privileges are available. Then the upload and edit buttons are visible for you to add to the fun. Need help? katiebivens@ymail.com

If you are interested in leading a Nordic Event, or have a great idea for a member event, please

Follow this link and register as an individual for the June 13 ride. The cost is \$45.

<https://events.upaf.org/event/2021-upaf-ride-for-the-arts-sponsored-by-miller-lite/e284375>

After clicking on Register, choose Single Performance Plus: <https://events.upaf.org/event/2021-upaf-ride-for-the-arts-sponsored-by-miller-lite/e284375/register/new/select-tickets>

More details will follow. Questions? Call Sally at 414-403-7911, or email smiles@metrodish.net.

Member Profile: Mary Mueller

By Paula Brookmire

Mary Mueller has been all over the world. She has worked in Kenya and Guatemala, traveled to China and Cuba, and bicycled from coast to coast in the United States. Yet she loves to come home to Wisconsin and the Nordic Ski Club of Milwaukee (NSCM). "That's the one thing I can count on," she says. "The Nordic Ski Club is going to be there." She has made friends globally, but some of her most lasting friendships have come through her 32 years in the club.

As NSCM celebrates its 50th anniversary in 2021, Mary finds herself leading more club outings. She led two snowshoe outings this winter, an April hike at Riveredge Nature Center in Newburg, Wisconsin, and a fall 2020 walk through the Lynden Sculpture Garden in River Hills, Wisconsin. Over the decades Mary has led hikes, bike trips and four Labor Day camping trips. Always willing to help, she lent a hand with picnic preparation at NSCM's outdoor winter picnic January 9.

Food is kind of Mary's forte. She has a B.S. degree in dietetics from the University of Wisconsin-Stevens Point and master's degree in public health from the University of Minnesota. She worked as a hospital dietitian in Monroe, Wisconsin, for five years, was a nutrition education program coordinator for the University of Wisconsin Extension for eight years, and was a research dietitian at the Medical College of Wisconsin for five years. She has been involved in community gardens for years, including a raised-bed garden she created for clients of the 16th Street Community Health Center while coordinating the Bilingual Chronic Care Project there for three years.

Mary has had more than one career, however, and an adventurous life. In college, she did a semester abroad in Germany. From 1996 to 1998 Mary served in the Peace Corps in Guatemala, working with the rural Healthy Schools Project. When she returned, she immediately joined Adventure Cycling's bicycle tour from Seattle, Washington, to Bar Harbor, Maine. Mary, an amateur photographer, has presented programs on that 12-person trip. As with her other adventures, she made longtime friendships, including a German bicyclist and one from the Netherlands. They've had reunions in Europe, Wyoming, Cape Cod and a 20-year reunion in Colorado.

In 1987, Mary did a six-month stint in Kenya through Minnesota Studies in International Development. She worked on a publication for kids on healthy eating and evaluated the impact of such materials. Mary helped judge a contest for kids who interviewed their grandparents about health beliefs and what they did to deter malaria. The winners came to Nairobi, a first-time experience for most. "Some of them came without shoes. Some had never been on a bus or a plane before," said Mary. One of the women working with her on the project eventually moved to the U.S. "We've become good friends, and we went to Glacier National Park together."

contact a member of the Program Committee or Paul Keber, pkeber@milwpc.com



Mary on a bike trip in Cuba in November 2018

In 1988, Mary traveled to China on a professional tour and took extra time to visit a Chinese scholar whom she had met at the University of Minnesota when he was there for a year's program. She bicycled to beautiful gardens on roads dominated by bikes, with few cars. "It was the most marvelous experience that now you can't get, since there are so many more cars in China," says Mary.

"I love having all these international friends," she adds, "but the Nordic Ski Club has been a major source of friendships." Mary, who grew up in Sheboygan Falls, moved to Milwaukee in 1987 and now lives in Whitefish Bay. Through bicycling she met Judy Ciasto and Kay Kauffman, who both encouraged her to join the Nordic Ski Club. Mary had learned to cross-country ski in college and she loves it. "The club offers so much more than skiing, though." The bicycling, paddling, camping and exploratory hiking are great ways to enjoy nature with friends, she says. Outdoor events have continued during the pandemic, and theater and restaurant outings should start again as more people get vaccinated.

Mary had to curtail her club activities when she went to Alverno College to get an M.A. in elementary education, starting a second career. She worked as a full time teacher while attending Saturday and evening classes. "During the summer of my second year in the program my dad was in home hospice, and I cared for him every weekend." He died in 2010. Mary worked as a teacher for seven years but retired early when her mom became ill. Her mom died in 2018. Now Mary enjoys tutoring children as a volunteer.

Mary probably did more snowshoeing than cross-country skiing this winter. She looks forward to the club's bus trips up north resuming in 2022. Coronavirus forced those popular trips to be cancelled in the 2020-2021 winter. Mary's favorite trip was always the New Year's bus trip either to the Marquette, Michigan, area or to Michigan's Keweenaw Peninsula. "I remember the dancing, eating Upper Peninsula pasties, and having a catered lunch on the bus. I remember other trips, too-- the great trails at Minocqua Winter Park, the terrific scenery at Porcupine Mountains, the Olympic trails at the now-defunct Telemark Resort and skiing there with delicate hoarfrost on the trees." To Mary Mueller, the outdoors is always calling.



Mary at Lapham Peak State Park in January 2021

**Nordic Ski Club of Milwaukee Inc. (NSCM)
is a membership-based outing association
active year-round since 1971.**