



September 2023		Year-Round Recreation Since 1971	Vol. 52 Issue 9
In this Issue: <i>September 1 - 4, 2023</i> Potawatomi State Park Camping Trip <i>September 14 - 17</i> Wisconsin River GSP Camping Trip <i>Saturday, September 30</i> Hartland Marsh IAT Hike <i>Friday, October 13</i> Ski Trips Signup Meeting		2024 Winter Ski Trips Club Dues are Due Who Wants to Lead a Club Event? From the Program Committee Covid and the Club	
Monthly Events - Potawatomi State Park Camping Trip <i>September 1 - 4, 2023</i> Plan to join us for the annual Labor Day camping trip at Potawatomi State Park and get to know the southern part of Door County. This beautiful 1,200 acre park near Sturgeon Bay (off Highway 42) has so much to offer with 2.5 miles of shoreline, 9 miles of hiking trails, kayak/canoe/paddleboard rental, and 8 miles of off-road biking. The park roads and country roads outside of the park are good for road biking. The Eastern Terminus of the Ice Age Trail is located here. Sturgeon Bay is home to Crossroads at Big Creek nature preserve, the Door County Maritime Museum, and the Ship Canal nature preserve and lighthouse. Cave Point County Park and Whitefish Dunes State Park are about 20 miles away. Vehicles must have an annual WI state park sticker or daily pass. We'll be in site A of the group campsites, with the Hemlock Trail adjacent for easy hiking. Parking, water, and vault toilets are at the site; it's a short drive to shower facilities. Enjoy nightly campfires and the traditional Saturday night potluck at 6:00 pm. Trip cost is only \$15 per person (non-members \$16.50). Please make checks payable to NSCM and mail to Mary Mueller, 4862 N. Shoreland Ave., Milwaukee, WI, 53217. Include your email address for the trip letter in late August along with name and phone number of an emergency contact not on the		Coming Up: <i>Potawatomi State Park Camping Trip</i> <i>September 1 - 4, 2023</i> <i>Wisconsin River GSP Paddling & Camping Trip</i> <i>September 14 - 17, 2023</i> <i>Monches Ice Age Trail Hike</i> <i>October 7</i> <i>Local Hike</i> <i>October 21</i>	
		Contact Us: Email nordicskiclub.mke	

<p>trip.</p> <p>Plan ahead to join us for end of summer fun and be ready to explore some new places. Bike routes will be available; Paul Keber will lead a ride on one of the days. This is the best lodging deal in Door County for three nights (or just one or two)! Contact Mary Mueller at mjmueller.uef@gmail.com for more information. Check out dnr.wi.gov for park information.</p>	<p>@gmail.com</p> <p>For membership information, call Pat Doornek 414-906-0629</p>
<p>Wisconsin River GSP Camping Trip <i>September 14 - 17</i></p> <p>Join Glacier State Paddlers for a Paddling and Camping weekend on the Wisconsin River September 14-17. Optional paddle on Friday at noon.</p> <p>Camping will be at beautiful Victoria Park in Muscoda. No reservation needed for tent camping. Self-reservations needed for Campers. Showers and flush toilets and water on site. Optional camping on Thursday night.</p> <p>Cost is \$10/tent/night self pay. To sign up and for further details, call trip leader and NSCM member David Rosenberg at 414-975-2298. Optional Friday night Fish fry at Honkers. Leave campsite at 6:00 pm.</p>	<p>Nordic Officers</p> <p>President Carol Doeblner</p> <p>Vice Presidents Renee Couture and Ellen Riley</p> <p>Secretary Paula Brookmire</p> <p>Treasurer Pamela Gestwicki</p> <p>Assistant Treasurer Dave Herrewig</p>
<p>Hartland Marsh IAT Hike <i>Saturday, September 30, 10:00 am</i></p> <p>Let's hike the Hartland Marsh loop trail starting at the Cottonwood Wayside and then continue north to Hartland on the Ice Age Trail. On the way to Hartland we'll hike to the top of the Aldo Leopold Overlook for a great view. From there we will be on city sidewalks into Hartland where we might stop for a bite to eat and drink at either Beer Snobs Ale & Eats or Senor Tomas Mexican-Latin restaurant.</p> <p>Returning to the start from there would make about a 3-mile hike. For those who want a longer hike, we can continue north along the Ice Age Trail as it follows the Bark River before returning the way we came. On the way back we might also hike the Penbrook Park spur of the Ice Age Trail.</p> <p>From Milwaukee, take I-94 west to the Hwy 16 exit and continue north and west to the Cty E Hartland exit 183. Drive straight west ½ mile on Hartbrook Ave and turn left at the stop sign onto North Ave. Drive south for 1 ½ miles to the Cottonwood Wayside parking lot on your right as North Ave becomes Cottonwood. Contact Paul at (H)262-547-4827, (C)262-309-1918, or pkeber@milwpc.com with any questions and to let him know if you will be attending.</p>	<p>Board Members Julie Amundson Paula Brookmire Renee Couture Carol Doeblner Steven Fabina Dorothy Riesing Ellen Riley David Rosenberg Mary Wozniak</p> <p>Program Committee Members: Paul Keber, Chair (262) 547-4827 Chris Pantazon Barb Tremel Becky Yakes Joanne Ziarek</p> <p>Public Relations Chair: Paula Brookmire (414) 527-0040</p>
<p>October Meeting to Celebrate Hiking and the Ski Season <i>Friday, October 13, 6:00 pm</i></p> <p>Open the cross-country ski season October 13 with the Nordic Ski Club of Milwaukee ski-trip signup meeting (see story on ski trips). But don't leave hiking behind. There's still plenty of good hiking weather. Hear about hiking Wisconsin's Ice Age Trail from club members who've done it.</p> <p>Link up with friends or make new friends to hike or ski with. The club also will provide free</p>	<p>Clinics Chair: Carol Doeblner</p> <p>Website Chair: Katie Bivens katiebivens@ymail.com</p> <p>Historian: Paula Brookmire (414) 527-0040</p>

<p>sandwiches (if you sign up in advance).</p> <p>WHAT: Nordic Ski Club of Milwaukee season-opening meeting</p> <p>WHEN: Friday, October 13, 6:00 to 10:00 pm.</p> <p>WHERE: Elks Lodge 400, 2301 Springdale Rd., Waukesha</p> <p>ENTER: from lower level back parking lot</p> <p>FOOD: Small sub sandwiches. Cash bar.</p> <p>SIGN UP: Food is free if you sign up by Oct. 11.</p>	<p>Newsletter: Send Articles to: newsletter@nordicskiclub.org</p> <p>Facebook Chair: Ellen Riley ellenriley612@gmail.com</p> <p>Facebook Link: https://www.facebook.com/Nordic-Ski-Club-of-Milwaukee-NSCM-111282934088979/</p>
<p>2024 Winter Ski Trips</p> <p>Flyers for the 2024 Wisconsin/Upper Michigan Nordic Ski Club of Milwaukee bus ski trips will arrive via email in mid-September. Early access to the trip flyers means you'll have lots of time before the October 13 signup meeting to review trip details and decide which ones to register for.</p> <p>The ski trips with their two-per-room member early bird prices are as follows:</p> <p>Friday, December 29 - Monday, January 1: Keweenaw Peninsula, MI - \$424</p> <p>Friday, January 19 - Sunday, January 21: Valley Spur, Munising, MI - \$316</p> <p>Friday, February 9 - Sunday, February 11: Minocqua Winter Park, WI - \$346</p> <p>Friday, March 1 - Sunday, March 3: ABR Trails, Ironwood, MI - \$332</p> <p>At its June 2023 meeting, the Nordic Ski Club of Milwaukee board voted to no longer require Covid-19 vaccinations for bus ski trip participants, although everyone is encouraged to keep up to date with the latest booster. Wisconsin had a spike in Covid outbreaks in summer 2023. Participants who get sick in the days before the trip or the day of the trip are still required to cancel. You will be refunded all recoverable costs. However, the most you will lose is \$60.00. Please do not expose other trip participants to flu, Covid, colds or other contagious diseases.</p> <p><i>--Paul Keber, chair of the Program Committee</i></p>	<p>Membership Chair: Pat Doornek 414-906-0629</p> <p><i>New memberships or renewal forms may be mailed to:</i> Pat Doornek 3463 N. Newhall St. Milwaukee, WI 53211</p>
<p>Please Pay Club Dues Now; It Helps With Bus Trips, Events</p> <p>If you love our bus ski trips up north and our meetings that often feature free food, please renew your Nordic Ski Club of Milwaukee membership now, at the start of our fiscal year. It's not just about the money. We count on your renewals to update us on your contact information. If we can't contact you, we can't tell you about trips, hikes, campouts, etc. We also need you to agree to our liability waiver every year, which is part of your renewal and keeps our insurance up to date. Finally, we need a certain number of members just to hold our ski trips and to keep club activities going. Dues are due in October.</p> <p>We have four bus ski trips up north planned this season plus a plane trip to Vermont. Signups start in person on October 13 (see story in this newsletter).</p>	<p>Contact Us:</p> <p>Volunteers</p> <p>The Nordic Ski Club runs on volunteers. Please contact Renee Couture at acoutrr@att.net if you are interested in learning more.</p> <p>Club Membership</p> <p>Membership Renewals due Oct. 1. Renew online. Then pay through PayPal or mail check to Pat Doornek.</p> <p>Dues - Individual \$25 Household \$35 Must be a current member to book ski trips at member rate.</p> <p>Web Tips</p> <p>Adjust your profile settings so that fellow Nordic Members can see your name, address and phone numbers. Select "Members Only" to</p>

Coming up: Enjoy food and fun at our meetings on October 13, December 2, January 13 or 14, 2024, and in April 2024. Remember, too, that our cross-country ski club has year-round events, including bike rides, snowshoe outings, picnics, campouts, paddling events, hikes, etc. These are all organized by volunteers. Membership rates have not gone up in 20 years (\$25 individuals, \$35 households).

If you have not received reminders about your dues via email and want to renew online, click this [member renewal link](#). Once you log in, it will display the "My profile" page where you can renew your membership.

If you know someone who is not a member and wants to join, please click on this link: [Nordic Ski Club of Milwaukee - Member Application](#). Or go to our website: www.nordicskiclub.org and click on membership, then Member Application to download our member signup form. Just click the "Printable Membership Application and Waiver" link on that page and then print both pages of that form. If you prefer to pay by check, make it out to NSCM and mail it with our filled-out membership form--including waiver on the back that you have signed-- to Pat Doornek, 3463 N. Newhall St., Milwaukee, WI 53211. Note: Even lifetime members need to fill out a membership form and waiver each year to stay active. You can do that online or by mail.

Who Wants to Lead a Club Event?

The Nordic Program Committee continues to work toward finalizing its activities calendar through October. We're looking for events and event leaders particularly for September and October to continue our tradition of providing fun and varied recreational and social events for our members. Is there an event that you'd like to participate in yourself and would be willing to lead? We are looking particularly for:

- Hikes
- Bike Rides
- Paddling Outings

Perhaps you have other ideas for a fun social or recreational activity? It could be a social outing like a museum outing, a movie meet-up, a walking tour, etc.

There are lots of options, and you get to choose your preferred date, whether on a weekday or weekend.

Would you be willing to lead an event for the Club? Get back to me (becky.l.yakes@gmail.com) or message Paul Keber directly (pkeber@milwpc.com) with the event(s) that you're willing to lead, along with your preferred date(s). Then, draft up a newsletter article (see the current or past newsletters for examples) and submit it before the 15th of the month preceding the month of your event (or two months' prior if your event date is early in the month). If the newsletter has already been sent, please email your event article to Paul Keber who will send out an email blast to club members.

The earlier you respond, the better chance you have of locking in your preferred date(s). Thank you!

Becky Yakes

protect the information from the general public. That is the default for new members. Go to www.nordicskiclub.org and login to your profile. The login is in the upper right-hand corner. From there, the Member Tab will appear on the menu. Full instructions are located on that page in a PDF file.

Add Photos To The Nordic Website

As a member of the Nordics, you may upload photos to your personal photo album or to the public albums. Simply log-in so all member privileges are available. Then the upload and edit buttons are visible for you to add to the fun. Need help? katiebivens@ymail.com

If you are interested in leading a Nordic Event, or have a great idea for a member event, please contact a member of the Program Committee or Paul Keber, pkeber@milwpc.com

From The Program Committee . . .

Cathy Ward is resigning from the Program Committee after serving on it for the past 3 years. Our committee members would like to thank Cathy for her work on the committee.

Would you be interested in joining the Program Committee? It is not difficult work. Members typically meet the first Tuesday of most months, usually via a Zoom meeting. We brainstorm ideas for club events including the winter ski trips, find leaders for those events, and assign a contact person to each event to assist the event leader if needed.

If you are interested, please contact Paul Keber at 262-547-4827 or pkeber@milwpc.com, or contact any other member of the NSCM Program Committee. Thanks!

Paul Keber

Covid and the Club

Covid is not gone. In fact, Wisconsin had a spike in Covid outbreaks in July 2023. Many Nordic Ski Club of Milwaukee members are in the older age group that is more likely to have serious symptoms if they get Covid-19. And yet most of our members indicate that they have been vaccinated.

NSCM strongly recommends but is not requiring that members get the new Covid-19 booster shots this fall when they're available. The U.S. Centers for Disease Control also recommends flu shots. And you may want to consider vaccinating for RSV, a virus that is showing up in seniors. At its June 2023 meeting, the NSCM board voted to no longer require Covid-19 vaccinations for bus ski-trip participants. However, the board is continuing this policy:

Participants who get sick in the days before the ski trip or on the day of the trip are still required to cancel. You will be refunded all recoverable costs of bus trips. Please do not expose other trip participants to flu, Covid, colds or other contagious diseases.

The Nordic Ski Club of Milwaukee (NSCM) continues to follow recommendations by the Centers for Disease Control and Wisconsin authorities regarding Covid-19 safety. Know that your participation in any event is at your own risk. Before attending any NSCM outing or event, please check with the event leader. Use good judgment and continue to keep us all safe.

**Nordic Ski Club of Milwaukee Inc. (NSCM)
is a membership-based outing association
active year-round since 1971.**